

FREE

Senior Health Education and Screening Day



Wednesday, April 28, 2010 • 10 AM – 2 PM
St. Joseph's Parish Center, Woodstown, NJ

Sponsored by South Jersey Healthcare, South Jersey Healthcare Community Services
and Salem County Office on Aging

**DOOR
PRIZES**

Educational Sessions

- Heart Risk Assessment
- SJH Life Program (P.A.C.E.)
- Falls Prevention
- Elder Law

Free Screenings

- Heart risk assessment
- Body mass index
- Bone density
- Blood pressure
- Balance assessment
- Pulse Oximetry (oxygen level)
- Sleep apnea assessment
- Grip testing
- Cholesterol testing



Attendees are encouraged to bring their
prescription medicines for safety and
proper dosage review.

FREE Continental breakfast
and hot lunch will be served.

Registration is required

To attend, please call 1-800-770-7547.

Transportation Available

If you need transportation, please call the Salem
County Office on Aging at 856-339-8622 by April 22.

**Enter to win an Easy Lift
Chair by Komfort & Kare**



Participating Salem County
Social Service Organizations:
Salem County Office on
Aging, Salem County Office
for the Disabled, Commission
for the Blind, Vial of life,
Department of Health, Cancer
Coalition, Meals on Wheels
...and more



South Jersey Healthcare®

Changing Medicine. Changing Lives.

www.SJHealthcare.net